



# September

## Vaccination special

### Bradworthy Surgery

#### Your Doctors

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#### Telephone

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#### Practice Manager

Sue McLaren

#### **OPENING TIMES**

**8am—6.00pm**  
**Dispensary 9am-5pm**

Closed Saturday & Sunday  
Extended hours, Monday  
& Tuesday evening, by  
pre-booked appointment  
only.

**Call 111 for medical advice  
& direction: 999 for life-  
threatening emergencies.**

#### **When to call 999?**

**You should always call 999  
in a life-threatening emer-  
gency:** heavy bleeding,  
chest pain, collapse or losing  
consciousness, exten-  
sive/major burns, sudden  
facial or limb weakness, sei-  
zures, spinal injury, floppy  
unwell infant, severe allergic  
reaction, poisoning or over-  
dose, headache with loss of  
consciousness **all need 999.**

If you are unsure what to do,  
dial 111 to be directed.



## GET READY FOR AUTUMN VACCS!

With both the seasonal flu vaccination programme and additional Covid boosters being made available nationally from October 7th, we've been doing a lot of planning throughout the summer months to work out how to get both vaccinations to our patients in the most efficient and effective way. Every vaccine given at our Bradworthy surgery, helps us **and** the NHS, so, if you're registered at our practices and get an invitation, please book with **US**, rather than elsewhere. Here's the plan:

- Flu and Covid booster vaccinations will be given at Bradworthy surgery for anyone aged 65 and above, or for anyone in an eligible group—see page 2.
- The vaccines will be given at the same time, like last year – one in each arm – so multiple visits to the surgeries are not required.
- Patients only wanting one of the vaccines will be given that option when they book: either just flu, or just Covid.
- Patients in the qualifying groups will be sent a text **from 1st September**, via which they can make a booking, be informed how to book, or where to call. Alternatively, please call the surgery after 10.30am. Texts will go out in batches and over a number of days, so you may not get yours on the first day. People without mobiles will be contacted by phone, and letter if necessary **after this date**. For qualifying groups please see page 2.
- We are unable to specify which Covid vaccine you will be given.
- We are only vaccinating people for Covid aged 18 and above at the surgery. For information about vaccinations for those in the under 18 age-group, please check our website. We will post information as we receive it.
- We are unable to give flu jabs to anyone NOT in the qualifying groups. Please go to other providers, such as pharmacies or larger supermarkets. Charges will apply.

The **National Booking Service (NBS)** will be open for the public to book appointments, from **2 October 2023** in readiness for 7th October start. People will be able to book a joint flu and COVID-19 appointment if they wish. The telephone number remains as 119.

All this information is available on the Bradworthy Surgery website under the Covid & Flu Vaccination tab.

#### **OUR CLINIC DATES** will be :

**Monday 9th October: 1.30 – 7.30pm**

**Tuesday 10th October: 1.30 - 7.30pm**

Other clinics will be added as needed, after these dates. Please check our website for dates.

**Please ensure, if you are booking in by phone, that you call AFTER 10.30am.**



# All you ever wanted to know about autumn vaccinations and now don't need to ask!

## WHY BOTHER?

It is understandable to feel vaccination fatigue, but the autumn/winter vaccinations continue to be really important because:

- if you get flu and COVID-19 at the same time, research shows you're more likely to be seriously ill
- getting vaccinated against flu and COVID-19 will provide protection for you and those around you for both these serious illnesses
- both flu and Covid are miserable illnesses; vaccination offers the best protection against the symptoms

## FLU—am I in the eligible groups for a free jab?

There are two types of flu vaccines being used again this year: one for those aged 65 and above and another for those under 65. Those who qualify for a **FREE** jab are:

- people aged 65 and over (including those who'll be 65 by 31 March 2024)
- people who have certain health conditions (see QR code for more information)
- women who are pregnant
- people who are in long-stay residential care
- those in receipt of carer's allowance, or are the main carer for an older or disabled person who may be at risk if you get sick. If you have just become a carer, please let us know.
- people who live with someone who is more likely to get infections (such as someone who has HIV, has had a transplant or is having certain treatments for cancer, lupus or rheumatoid arthritis)
- frontline health or social care workers

We will be giving routine nasal vaccinations against flu to children aged 2 to 3 years, born between 01/09/2019 and 31/09/2021, and also those aged 6 months up to 18 years in the clinically at risk groups.

## AUTUMN/WINTER COVID BOOSTER—am I in the eligible group?

The following groups of people are eligible for a Covid booster:

- residents in a care home for older adults and staff working in care homes for older adults
- frontline health and social care workers
- all adults aged 65 years and over
- people aged 5 to 64 years in a clinical risk group
- people aged 12 to 64 years who are household contacts of people with immunosuppression
- people aged 16 to 64 years who are carers

As we have not been commissioned to provide Covid Vaccinations to young people who are aged 5 to 17, other local clinics, or schools will be offering these. We will post clinics on our website and Facebook page when we are notified.

## GAPS BETWEEN VACCS

For all Covid vaccinations the gaps between boosters should be:

- Those aged 12 and above, who are immunocompromised, must have a gap of 3 months since their last dose.
- Those aged 65 and above must have a gap of 3 months since their last booster/dose.

For full NHS information, please go to:

<https://www.nhs.uk/conditions/vaccinations/flu-influenza-vaccine/>



For full GOV.UK info go to:



**BRADWORTHY  
SURGERY IS  
AVAILABLE ON  
FACEBOOK**

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